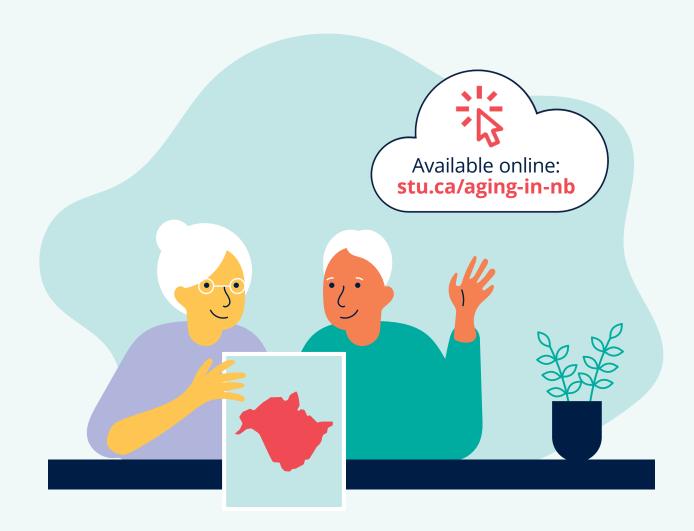
Aging in New Brunswick:

A User's Guide

Fifth Edition



These materials were put together by a group of researchers and practitioners in New Brunswick who work with older adults. Our aim was to help older adults in New Brunswick navigate the complex landscape of information, services, forms, and resources. We hope that you will find this helpful. This guide was last updated in June 2025.

www.stu.ca/aging-in-nb/

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