

Useful Tips

What is the Healthcare Access Card?

It is proof of your healthcare coverage while you are in Canada. **Keep your HEALTHCARE ACCESS CARD with you at all times.**

Where can I seek medical care in Canada?

You can seek medical attention and service anywhere in Canada.

- **A Drugstore or Pharmacy** can help you find solutions for minor health issues without seeing a doctor.
- **Mobile Doctor** allows you to connect with a doctor from your phone or computer anytime, anywhere. Go to **www.guard.me/mobiledoctor** to sign up.
- **Walk-in Clinics** are where you can see a doctor for most health concerns. Visit your local walk-in clinic or go to your **GuardMe customized website** or **www.guard.me** and click on, "Find a Canadian Clinic" to see clinics in your area.
- **Hospitals** are for serious emergencies only. **Call 911 for emergency assistance.** If the hospital asks you to pay, ask for an invoice and submit the invoice to **GuardMe**.

Log into "My Account" on your GuardMe customized website or www.guard.me for the following:

- To view or download your Healthcare Access Card and policy documents.
- To submit a claim or check on the status of a claim you submitted.
- General inquiries and information.



GuardMe™

CANADA

Building Solutions

Benefit Summary

Updated: 20/06/2025
GMCAN 2025

GuardMe offers 24/7 customer service for any inquiries

-  Tel: +1-905-752-6200
-  Toll-Free: +1-888-756-8428
-  customercare@guard.me

www.guard.me



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Underwritten by:

Old Republic Insurance Company of Canada
100 King Street West, 11th Floor, Hamilton, Ontario, Canada L8N 3K9

Travel Healthcare Insurance Solutions Inc. o/a guard.me International Insurance



Medical Benefits	
Services	Benefits
Hospital Services	Included
Physician Fees	Included
Laboratory And Diagnostic Testing	Included
Private Duty Nursing	\$15,000
Prescription Medication	30 Day supply
Psychiatric Hospitalization	\$50,000 Lifetime maximum
Ground Ambulance Transportation	Included and up to \$100 for taxi / commercial car fare
Air Evacuation And Return Home	Included*
Pregnancy – Serious Complications	Included
Medical Equipment And Supplies	Included*
Family Transportation And Subsistence Allowance	\$6,500*

Medical Benefits	
Services	Benefits
Paramedical	\$500
Physiotherapy Or Speech Therapy	\$1,000
Psychotherapy	Up to \$1,000 outpatient
Psychiatrist Fees	Up to \$10,000 inpatient
Repatriation Of Remains	\$15,000
Burial At Host Country	\$5,000
Dental Injury	\$4,000*
Emergency Dental Care	\$600 When 6 months of coverage is purchased
Out Of Province Or Country	Included* 30 Days limited coverage in USA
Annual Eye Exam	\$100 One exam when 6 month is purchased
AccessAbility	Covers corrective device defect, malfunction and theft protection
Annual Non-Emergency Exam	\$150 One exam when 6 month is purchased

Accidental Death and Dismemberment Benefits	
Services	Benefits
Personal Accident	\$50,000*
Common Carrier Accident	\$100,000
Trauma Counselling	6 Sessions
<p>All benefits reset every 365 days except for Psychiatric Hospitalization and Psychiatrist Fees which are lifetime limits.</p> <p>*Additional sublimits apply.</p>	

The overall limit of this policy is
\$2,000,000

Important Notice:

- This is a summary of benefits available under the **GuardMe CANADA** policy. Full details are found in the policy and the policy wording governs.
- Certain limitations and exclusions may apply.
- Prior approval may be required for certain benefits.
- All benefits are in Canadian currency and apply to each 365-day period.