



March 16, 2020

**\*\*\*\*\*NOTICE TO FACULTY, STAFF AND STUDENTS AT UNB \*\*\*\*\***

There are presumptive cases of coronavirus disease (COVID-19) in your university community. You can find information about this disease at this link: [https://www2.gnb.ca/content/gnb/en/departments/ocmoh/cdc/content/respiratory\\_diseases/coronavirus/AboutCoronavirus.html](https://www2.gnb.ca/content/gnb/en/departments/ocmoh/cdc/content/respiratory_diseases/coronavirus/AboutCoronavirus.html)

Coronavirus disease is spread between people by droplets from coughing or sneezing. Most people with coronavirus disease have mild symptoms and are able to recover without medical treatment. Coronavirus disease can cause severe illness in older adults and people with chronic medical conditions.

Given the presumptive cases at UNB, the worldwide circulation of this virus, and the pace of international travel in the last two weeks, **we ask all members of the University community to self-monitor for symptoms for the next 14 days.**

You can find information about what it means to self-monitor here:

<https://www2.gnb.ca/content/dam/gnb/Departments/h-s/pdf/Self-Monitor.pdf>

If you develop symptoms like headache, congestion, achiness, fever, cough or difficulty breathing between now and March 25, immediately isolate yourself (keep at least a 2 metre distance) from other people and stay home from work and school. If you develop a fever and cough, call Telecare (811) before you seek medical attention. Describe your symptoms and association with UNB, where there were presumptive cases. Follow their instructions carefully. **People with no symptoms do *not* need to call Telecare.**

Washing your hands frequently, covering your cough or sneeze and staying away from other people when you are sick are important ways to stop the spread of communicable diseases. If you would like more information on COVID-19, you can call the Public Health Agency of Canada phone line at 1-833-784-4397. Regional Public Health is also available at 444-5905.